



**Student Health Advisory Council  
Edgewood ISD**

**Mission** – Edgewood ISD provides an exceptional learning experience that engages, empowers, and prepares students to compete and reach their highest potential in an ever-changing World.

**SHAC Meeting Agenda**  
Wednesday, November 30, 2022  
District Conference Center  
11:30 a.m. – 1:00 p.m.

**ITEMS FOR DISCUSSION**

Agenda Topic	Time	Notes
A. EHAA (LEGAL) - Basic Instructional Program: Required Instruction (All Levels) - Student Health Advisory Council Duties	20 minutes	<b>Purpose:</b> Review policy EHAA (LEGAL) - Basic Instructional Program: Required Instruction (All Levels) - School Health Advisory Council - Duties.

**Notes:**

**School Health Advisory Council**

A board shall establish a local school health advisory council (SHAC) to assist the district in ensuring that local community values are reflected in the district's health education instruction. Education Code 28.004(a) [See BDF regarding composition of the SHAC and FFA regarding federal wellness requirements.]

**Duties**

The SHAC's duties include recommending:

1. The number of hours of instruction to be provided in:
  - a. Health education in kindergarten through grade 8; and
  - b. If the district requires health education for high school graduation, health education, including physical health education and mental health education, in grades 9 through 12.
2. Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes, and mental health concerns, including suicide, through coordination of:
  - c. Health education, which must address physical health concerns and mental health concerns to ensure the integration of physical health education and mental health education;
  - d. Physical education and physical activity;
  - e. Nutrition services;
  - f. Parental involvement;

- g. Instruction on substance abuse prevention;
  - h. School health services, including mental health services;
  - i. A comprehensive school counseling program under [Education Code 33.005](#) [see FFEA];
  - j. A safe and healthy school environment; and
  - k. School employee wellness;
3. Appropriate grade levels and methods of instruction for human sexuality instruction;
  4. Strategies for integrating the curriculum components specified by item 2, above, with the following elements in a coordinated school health program:
    - l. School health services, including physical health services and mental health services, if provided at a campus by the district or by a third party under a contract with the district;
    - m. A comprehensive school counseling program under [Education Code 33.005](#) [see FFEA];
    - n. A safe and healthy school environment; and
    - o. School employee wellness;
  5. If feasible, joint use agreements or strategies for collaboration between the district and community organizations or agencies. Any agreement entered into based on a recommendation of the SHAC must address liability for the district and community organization;
  6. Strategies to increase parental awareness regarding:
    - p. Risky behaviors and early warning signs of suicide risks and behavioral health concerns, including mental health disorders and substance use disorders; and
    - q. Available community programs and services that address risky behaviors, suicide risks, and behavioral health concerns.
  7. Appropriate grade levels and curriculum for instruction regarding opioid addiction and abuse and methods for administering an opioid antagonist; and
  8. Appropriate grade levels and curriculum for instruction regarding child abuse, family violence, dating violence, and sex trafficking, including likely warning signs that a child may be at risk for sex trafficking, provided that the local SHAC's recommendations under this provision do not conflict with the essential knowledge and skills developed by the State Board of Education.

[Education Code 28.004\(c\), \(n\)](#)

**DELIVERABLE:**

[EHAA \(LEGAL\)](#) - Basic Instructional Program: Required Instruction (All Levels)

[EHAA \(LOCAL\)](#) - Basic Instructional Program: Required Instruction (All Levels)

B. [District Wellness Overview](#)

45  
minutes

**Purpose:** To share an overview of the District Wellness programs from the lens of guidance and counseling.

**Notes:**

Jorge Garcia –Director of Guidance and Counseling

**DELIVRABLE:**

[FFEAL \(LEGAL\)](#) - Counseling and Mental Health: Counseling

[FFEB \(LEGAL\)](#) - Counseling and Mental Health: Mental Health

C. Physical Fitness  
Assessment

15  
minutes

**Purpose:** To share the requirements of the [Physical Fitness Assessment Initiative](#) (PFAI)

**Notes:**

State law requires school districts to annually assess the physical fitness of students enrolled in grade three or higher and to provide the results of individual student performance on the administered physical fitness assessments to the Texas Education Agency (TEA). The Physical Fitness Assessment Initiative (PFAI) is a program designed to collect and analyze the required student physical fitness data.

In accordance with Texas Education Code §§38.101- 38.104, the TEA is required to complete the following objectives:

1. Adopt an assessment instrument to be used by all Texas public school districts
2. Compile the results of the physical fitness assessment captured by school districts and provide summary results
3. Analyze the results received for each school district to determine whether a relationship exists between student academic achievement levels, attendance levels, obesity, student discipline problems, and school meal programs.

**DELIVERABLE:**

[FFAA \(LEGAL\)](#) - Wellness and Health Services: Physical Examinations

[FFAA \(LOCAL\)](#) - Wellness and Health Services: Physical Examinations

D. Bienestar –  
Coordinated Health  
Program

10  
minutes

**Purpose:** To review the Bienestar Coordinated Health Program curriculum for grades K-8.

**Notes:**

<https://sahrc.org/childrens-programs/>

The agency is required by law to make available to each school district one or more coordinated health programs. Each program is designed to prevent obesity, cardiovascular disease, and Type 2 diabetes in elementary school, middle school, and junior high school students. Each program must coordinate health education, including oral health education, physical education and physical activity, nutrition services, and parental involvement.

**Coordinated Health Programs - EHAA (LEGAL)**

TEA shall make available to each district one or more coordinated health programs in elementary, middle, and junior high school. Each program must provide for coordinating education and services related to:

1. Physical health education, including programs designed to prevent obesity, cardiovascular disease, oral diseases, and Type 2 diabetes and programs designed to promote the role of proper nutrition;
2. Mental health education, including education about mental health conditions, mental health well-being, skills to manage emotions, establishing and maintaining positive relationships, and responsible decision-making;
3. Substance abuse education, including education about alcohol abuse, prescription drug abuse, and abuse of other controlled substances;
4. Physical education and physical activity; and
5. Parental involvement.

Education Code 38.013; 19 TAC 102.1031(a)

A district shall participate in appropriate training to implement TEA's coordinated health program and shall implement the program in each elementary, middle, and junior high school in the district. Education Code 38.014

Coordinated school health programs that are developed by districts and that meet TEA criteria may be approved and made available as approved programs. Districts must use materials that are proven effective, such as TEA-approved textbooks or materials developed by nationally recognized and/or government-approved entities. 19 TAC 102.1031(c)

**DELIVERABLE:**

[EHAA \(LEGAL\)](#) - Basic Instructional Program: Required Instruction (All Levels)

[EHAA \(LOCAL\)](#) - Basic Instructional Program: Required Instruction (All Levels)

E. Child Nutrition Services - Triennial Assessment Tool -

10  
minute

**Purpose:** Share the [Triennial Assessment Tool](#), a comprehensive assessment of the Local School Wellness Policy (LSWP).

**Notes:**

According to the USDA Final Rule, Local Education Agencies (LEAs) must conduct a comprehensive assessment of the Local School Wellness Policy (LSWP) a minimum of once every three years, beginning no later than June 30, 2021. The Triennial Assessment requires LEAs to assess compliance with their LSWP and to make this assessment available to the public.

**DELIVERABLE:**

[FFA \(LEGAL\)](#) - Student Welfare: Wellness and Health Services

[FFA \(LOCAL\)](#) - Student Welfare: Wellness and Health Services

**ADDITIONAL NOTES:**

Meeting Adjourned:

**Next Meeting:** February 15, 2023  
District Conference Center  
11:30 a.m. - 1:00 p.m.